

**Jesus**



**ego**

**simplify.**

# moving the needle

I HAVE COME THAT  
THEY MAY HAVE LIFE,  
AND HAVE IT TO THE

# FULL

JOHN 10:10



## THE PRACTICES OF A DISCIPLE:

1. BE WITH JESUS
2. BECOME LIKE JESUS
3. DO WHAT JESUS DID

# simplicity.



'We must shift America from a needs to a desires culture, people must be trained to desire. To want new things even before the old have been entirely consumed. We must shape a new mentality in America. **Man's desires must overshadow his needs.'**

Paul Mazur - Lehman Brothers 1927

**Simplicity of Speech:** Control tongue. Moves attention to others.

**Simplicity of Possessions:** Control wants. Moves us to contentment.

**Simplicity of Lifestyle:** Control distractions. Become fully present, centered.

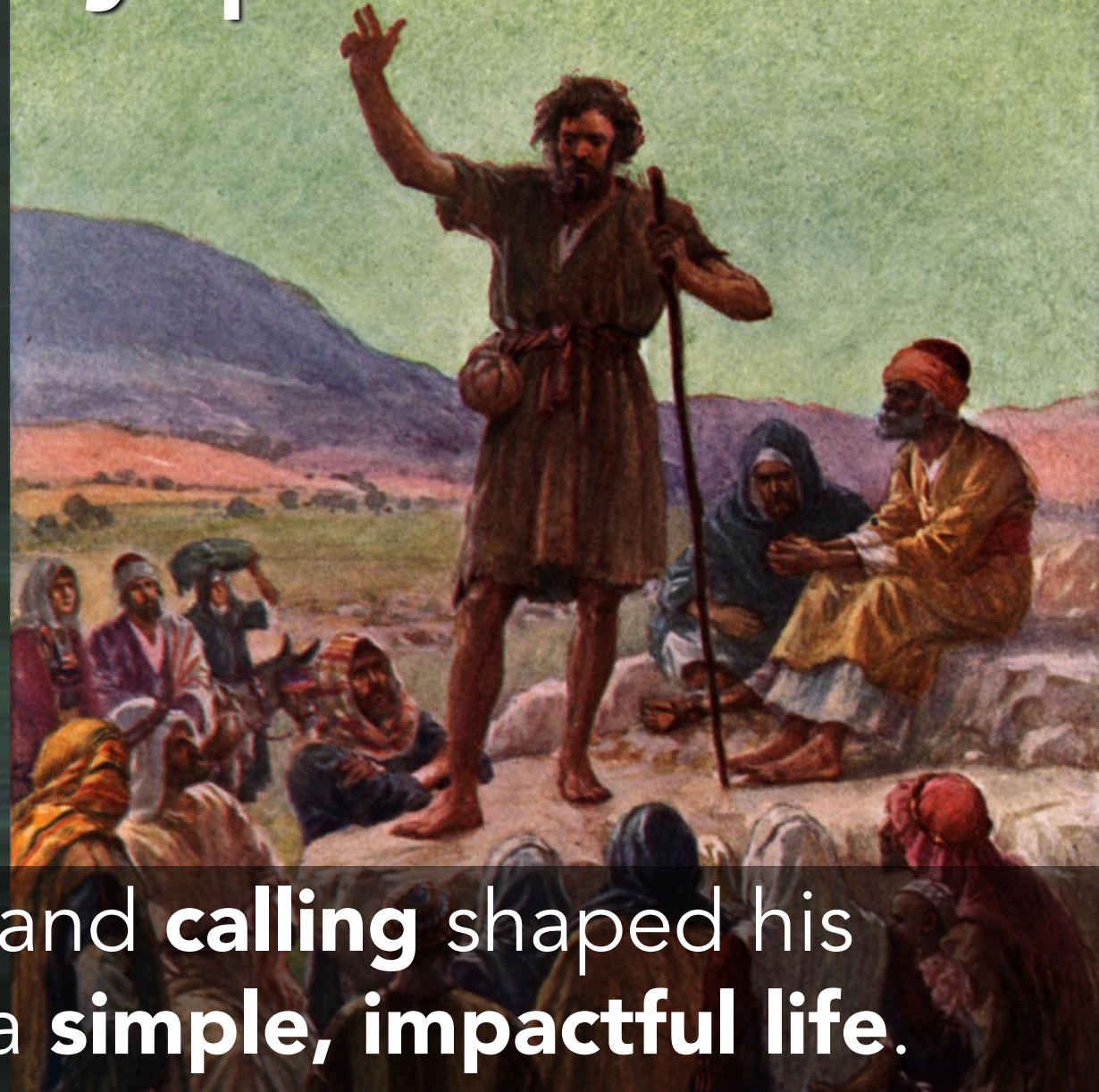
**Simplicity of Pleasures:** Control desires. Moves us to satisfaction with God.

# what shapes my priorities?

Action expresses priorities.

Mahatma Gandhi

John's sense of **identity** and **calling** shaped his **priorities** and resulted in a **simple, impactful life**.



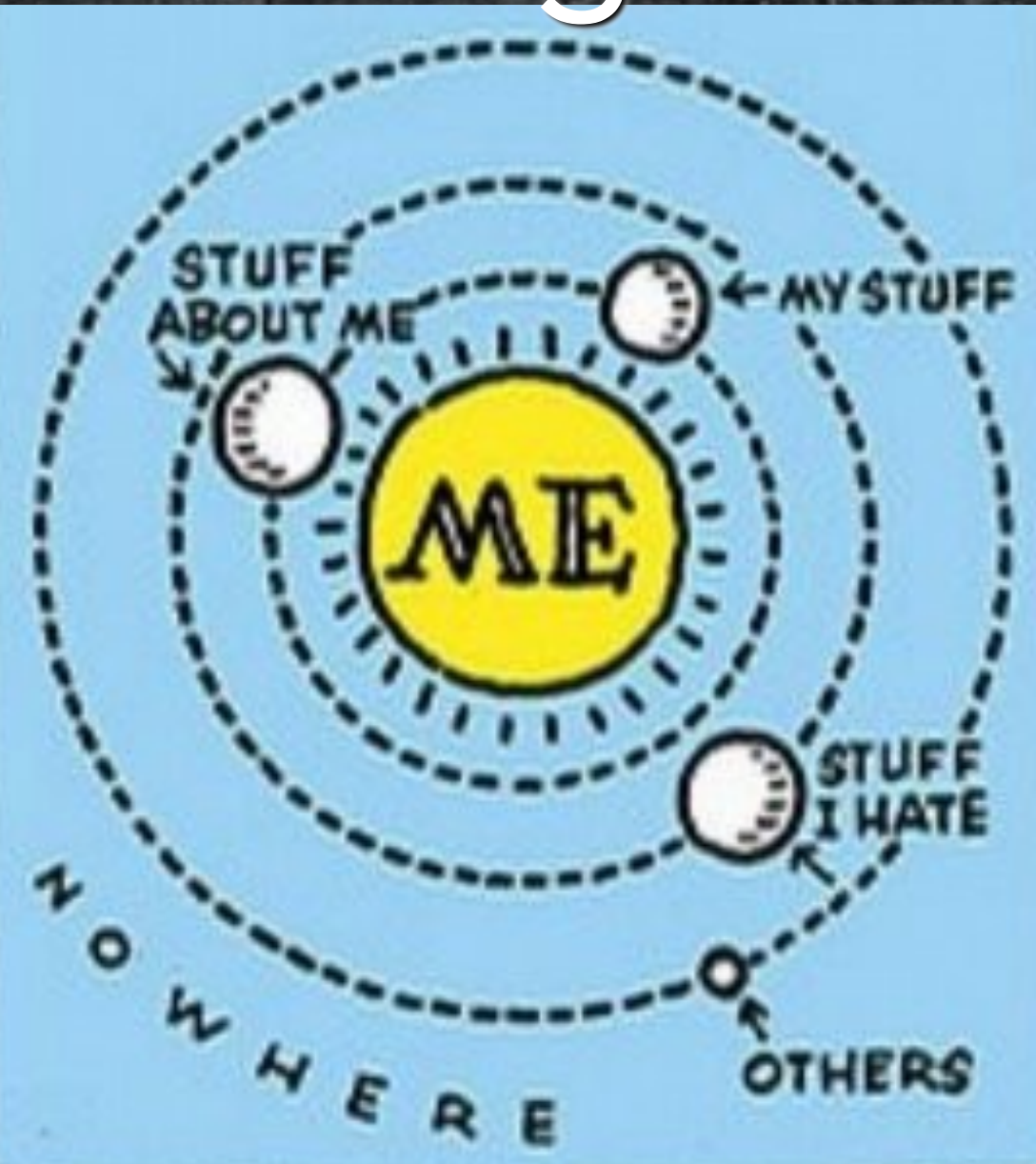
# losing our centre

*FROM MY HEART  
TO THE HEAVENS  
JESUS  
BE THE CENTER.*



The soul is the part of our being which was designed to order our desires, interests, and identities and help us make decisions about what is truly important. Our soul directs the traffic of our minds and reminds us who we are and what we are called to do.

# dialing down self-importance



↑  
H.E.I.  
↓

We choose to make Jesus greater at our own expense.

# Simplify Your Life by Identifying Your Values:

- 1. Resonances:** What values resonate with you? *Beauty, Achievement, Practicality, Efficiency, Authenticity, Security, Image, Faith, Family, Health, Learning, Respect, Comfort, Adventure, Hospitality, Generosity, Community, Creativity, Influence, Pleasure, etc...*
- 2. Ask Someone Close:** What do they say your core values are?
- 3. Examine Your Spending:** What do your bank records say you value?
- 4. Examine Your Time:** Based on how you spend your time, what values does your life exhibit?
- 5. Make a List of Your Current Values:** Based on 1-4, make a list of the values your life currently demonstrates.
- 6. Make a List of 5 Values you WANT to live.**
- 7. PRAY:** Spend time in prayer, asking what God might add or subtract.