

RENEWAL

SABBATH

“Sabbath is that uncluttered time and space in which we can distance ourselves from our own activities enough to see what God is doing.”

Eugene H. Peterson

Leviticus 25

Then the Lord spoke to Moses at Mt. Sinai...

When you come into the land which I shall give you, then the land shall have a **Sabbath** to the Lord. v1-2



6 years you shall sow your fields, and **6** years you shall prune your vineyard and gather in its crop, but during the **7th** year the land shall have a Sabbath rest. I will so order My blessing for you in the **6th** year that it will bring forth the crop for three years. The land, moreover, shall not be sold permanently v3-4, 21 for the land is Mine; for you are but aliens and sojourners with Me v23

DIRECTED ATTENTION

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DON'T COPY THE BEHAVIOR AND CUSTOMS OF THIS WORLD, BUT LET GOD TRANSFORM YOU INTO A NEW PERSON BY CHANGING THE WAY YOU THINK. THEN YOU WILL LEARN TO KNOW GOD'S WILL FOR YOU, WHICH IS GOOD AND PLEASING AND PERFECT.

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ROMANS 12:2 NLT

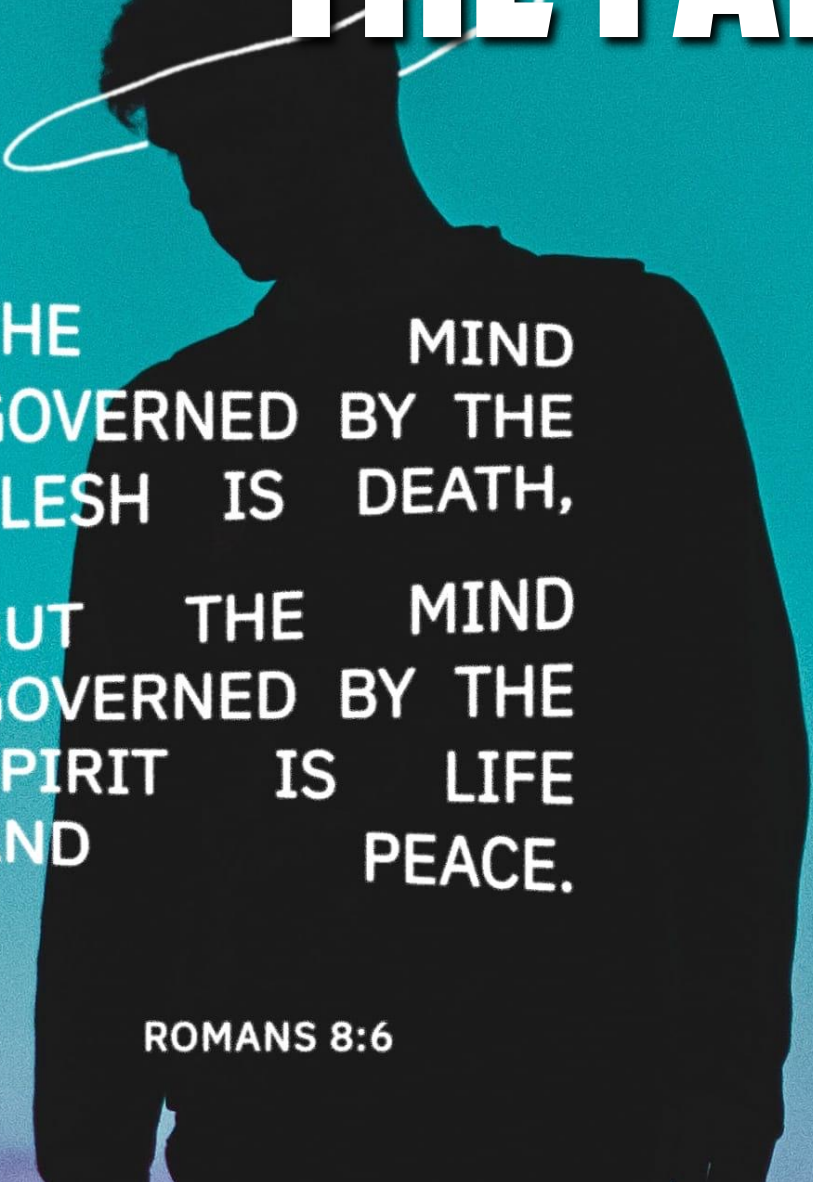
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Our mind has the capacity to choose where we put our attention and what thoughts we do or do not allow to flow through our consciousness.

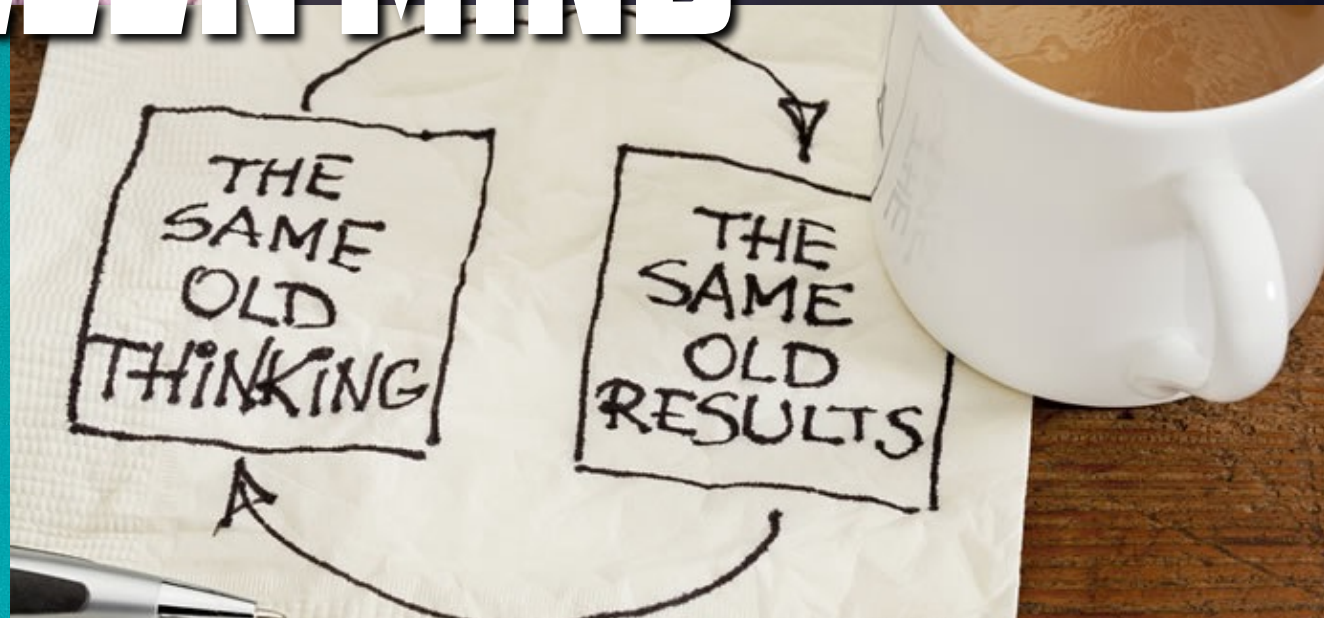
THE FALLEN MIND



THE MIND
GOVERNED BY THE
FLESH IS DEATH,

BUT THE MIND
GOVERNED BY THE
SPIRIT IS LIFE
AND PEACE.

ROMANS 8:6



“Their minds are full of darkness; they wander far from the life God gives because they have closed their minds & hardened their hearts against Him. They have no sense of shame. They live for lustful pleasure & eagerly practice every kind of impurity.” Eph. 4:18-19

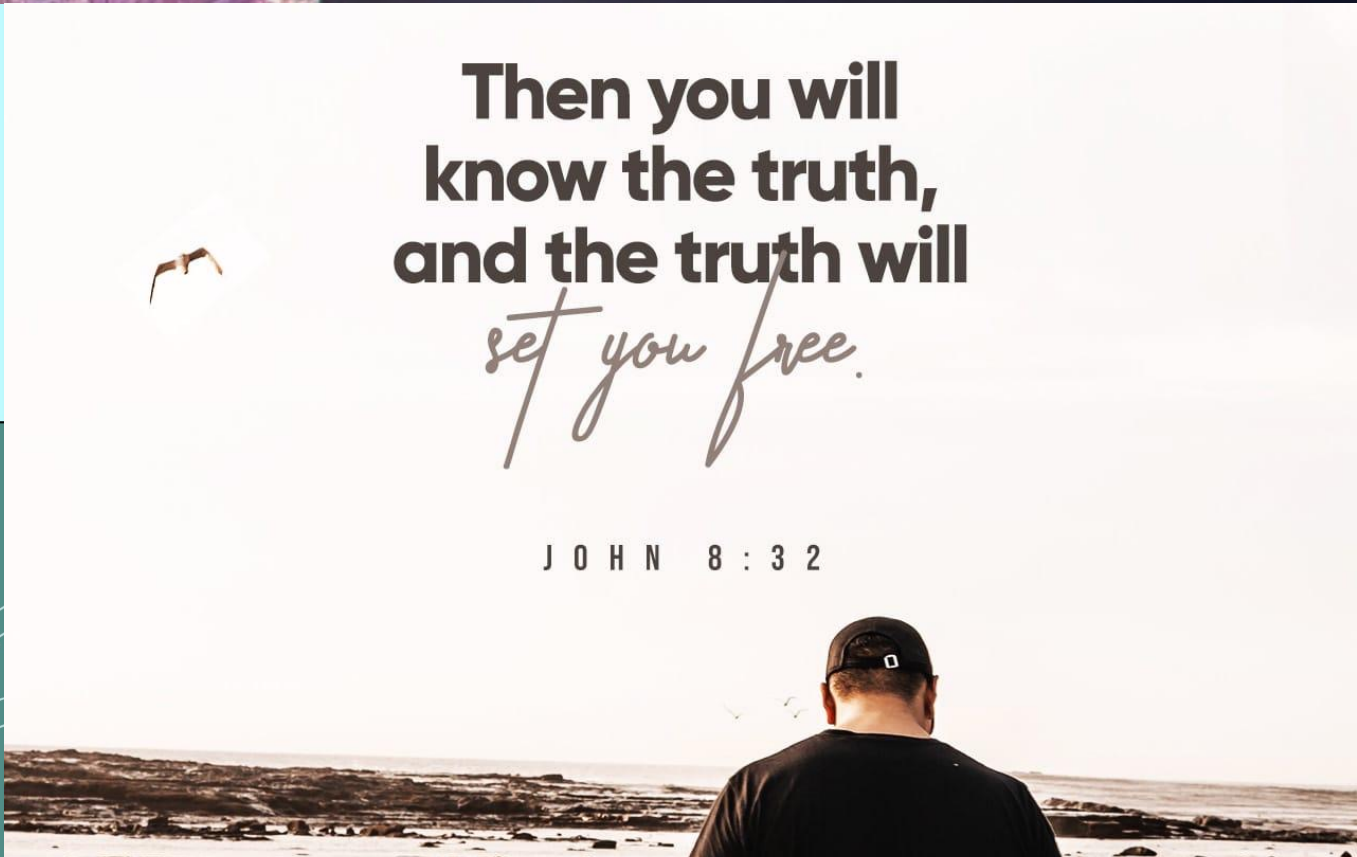
RENEWING OUR MINDS

'Bad' Behaviour Iceberg



Then you will know the truth, and the truth will set you free.

JOHN 8:32



“...Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.” Eph. 4:23-24

TAKE IT HOME:

Finally, brothers,
whatever is true,
whatever is honorable,
whatever is just,
whatever is pure,
whatever is lovely,
whatever is commendable,
if there is any excellence,
if there is anything
worthy of praise,

**THINK
ABOUT
THESE
THINGS.**

PHILIPPIANS 4:8