



CADING THE BEAST

ANGER VS WRATH

“Wrath is the love of justice perverted into the desire for revenge and for the injury of someone else; justice is the proclaimed motive for every manifestation of wrath.”

- Henry Fairlie -

The 7 Deadly Sins Today

the same body. ²⁶And “don’t sin by letting anger control you.” * Don’t let the sun go down while you are still angry, ²⁷for anger gives a foothold to the devil. ²⁸If you are a thief,

Anger is a momentary, strong feeling of displeasure or annoyance that is triggered by specific events or actions.

Wrath is intense, uncontrolled, & prolonged anger that seeks retribution.

A WOUNDED ANIMAL



Anger reveals the way we avoid pain and protect ourselves with our own power. Like a wounded animal cornered, we fiercely defend our broken expectations, hopes, and hurts through outbursts of anger. Most anger shows that we don't trust God to manage the universe and that we need to act out in our own self-interest to make things right.

LETTING ANGER OUT



DIAGNOSING ANGER...

- Why we are angry? With whom?
- Was there an injustice committed?
- Is our anger rational or a response to a hurt ego? Broken expectations?
- Was it intentional? Personal?
- If the injustice is unintentional, can we extend grace and get over it?
- If it was intentional, can we forgive? Does anything more need to be done?
- Do we need to confront a sin committed against us and move towards mending relationship?

GODS WRATH



COMPASSIONATE and GRACIOUS SLOW TO ANGER
overflowing with LOYAL LOVE and FAITHFULNESS

EXODUS 34:6

JUSTICE AND LOVE



Jesus' anger targets injustice – but He does so with gentleness and love. He doesn't lash out at the Pharisees but doesn't back down either – He does what needs to be done...

Romans 12:19, “Dear friends, never take revenge. Leave that to the righteous anger of God. For the Scriptures say, “I will take revenge; I will pay them back,” says the Lord.”

LAMENT AND HOPE



HUMILITY AND GENTLENESS

TAKE MY YOKE UPON YOU &

LEARN

FROM ME,

FOR I AM GENTLE
& LOWLY IN HEART,
AND YOU WILL FIND

**REST FOR
YOUR SOULS.**

MATTHEW 11:29

YOU MUST ALL BE
QUICK TO LISTEN

SLOW TO SPEAK, AND

SLOW TO GET ANGRY

JAMES 1:19