



PRIDE

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THE ROOT  
OF IT ALL

# DISRUPTING THE TRACK

## OVERCOME *the* 7 DEADLY SINS

### Lust

Unrestrained sexual craving

**Be pure.**  
Guard your heart.  
Give yourself a project, exercise when you're bored.

### Gluttony

To over-indulge, especially by over-eating

**Be moderate.**  
Exercise regularly, avoid excess in eating and drinking.

### Pride

Inflated sense of one's accomplishments

**Be humble.**  
You need God and others. Pray and serve.

### Sloth

Laziness, lack of effort

**Be diligent.**  
Have a schedule, don't let your life revolve around resting.

### Wrath

Uncontrolled feelings of hatred and anger

**Be patient.**  
Moderate your emotions, take deep breaths before reacting.

### Greed

The excessive desire for material things

**Be generous.**  
Donate something you like but don't need to the poor.

### Envy

Jealousy towards another's happiness

**Be thankful.**  
Thank God everyday for what you have and don't have.



# PRIDE

IT WAS *pride*  
THAT TURNED ANGELS  
INTO *devils*...



**PRIDE**

**HUMILITY**



**root of all sin**

**root of all virtue**

IT IS *humility*  
THAT MAKES MEN  
AS *angels*.

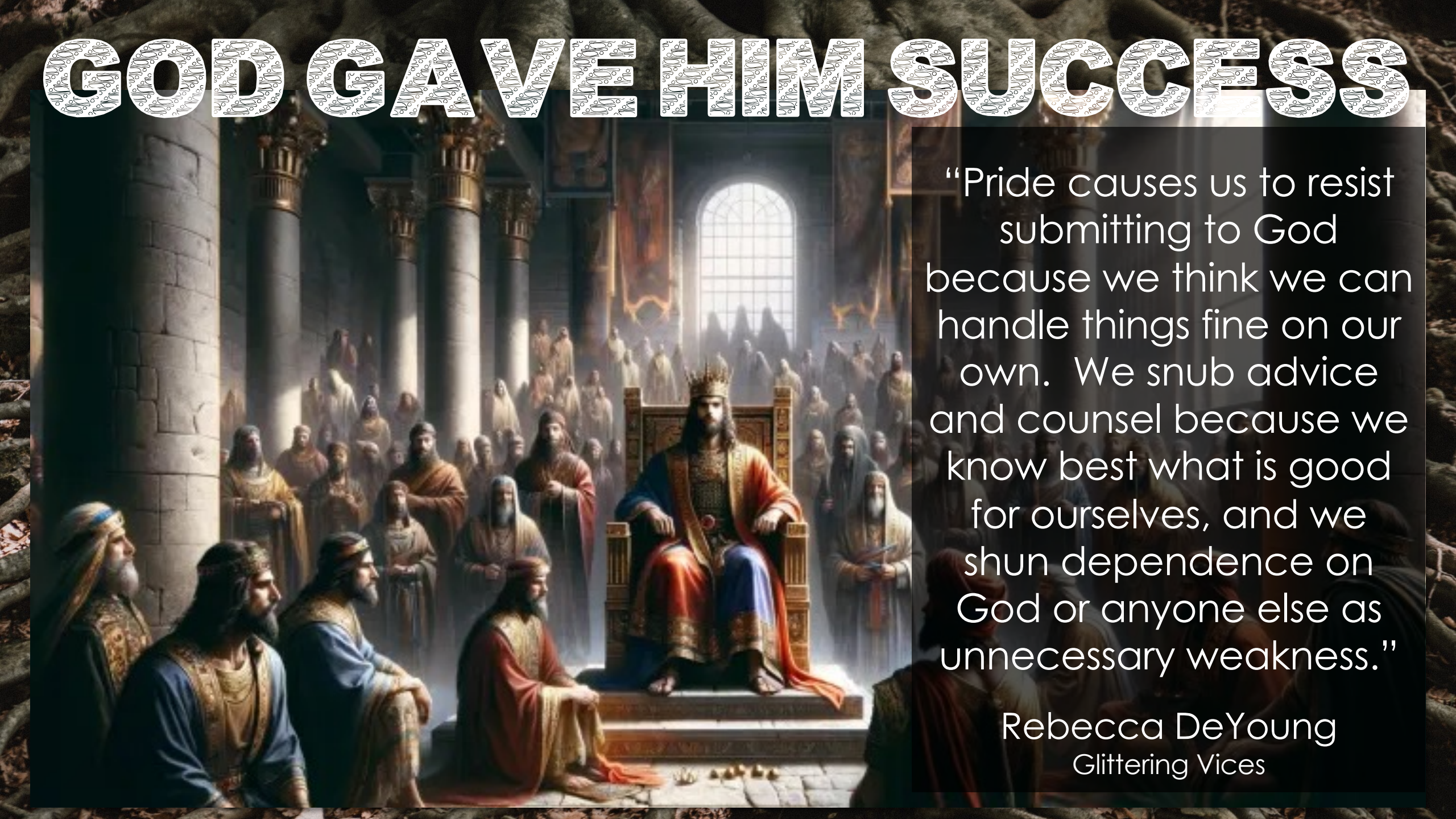
ST. AUGUSTINE

Pride convinces us that God is not interested in our ultimate good and that we don't need Him.

Pride's simplest definition is,

“An excessive love of my own excellence.”

# GOD GAVE HIM SUCCESS

A detailed illustration of a king sitting on a throne in a grand, ancient-style hall. The king is wearing a crown and a red and blue robe. He is surrounded by many advisors and courtiers, some standing and some kneeling. The hall has large stone columns and a large arched window in the background. The scene is lit with warm, golden light, suggesting a royal court or a place of power.

“Pride causes us to resist submitting to God because we think we can handle things fine on our own. We snub advice and counsel because we know best what is good for ourselves, and we shun dependence on God or anyone else as unnecessary weakness.”

Rebecca DeYoung  
Glittering Vices

# INFECTING THE HEART

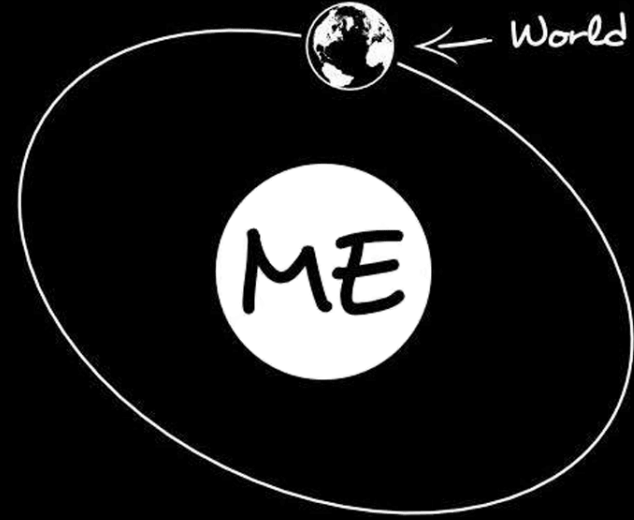
Like all vices, pride first shows up in our thinking. It starts with an inflated sense of self, and trickles into an egotistical disposition towards others and ends with a deflated view of God...

## PRIDE DIAGNOSIS:

- Do you look down on those who are less educated, less affluent, less refined, and less successful than yourself?
- Are you proud of the schedule you keep, how disciplined you are, and how much you're able to accomplish?
- Do you think your way is the right way, the only way, or the best way?
- Do you talk about yourself too much? Dominate conversation?
- Are you driven to receive approval and praise, and be accepted by others?
- Do you try to leave a better impression of yourself than is true?
- Do you find it easy to justify bad behaviour?
- Do you become defensive when criticized or corrected?
- Do you have a hard time admitting when you're wrong?
- Are you quick to find fault with others?
- Are you thinking about how these questions apply to someone else?



# PRIDE ON THE OUTSIDE



FOR WHERE YOU HAVE **ENVY**  
AND **SELFISH AMBITION**,  
THERE YOU FIND **DISORDER**  
AND EVERY **EVIL** PRACTICE.

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**JAMES 3:16**

“Pride is the natural love for myself, magnified and perverted into disdain for others.”

Jeff Cook  
*Seven Deadly Sins and the Beatitudes*

# CONFESS & TURN FROM SIN

Whoever  
**CONCEALS**  
his transgressions  
will not prosper,

but he who confesses and  
forsakes them will obtain

**MERCY.**

Proverbs 28:13

To **BREAK PRIDE**, we **CONFESS** and  
learn the **PRACTICES of HUMILITY**:

*Self-reflection, being teachable, confessing  
weakness, listening to others, admitting  
mistakes, offering grace, showing empathy,  
practicing gratitude, etc...*

The practice of humility culminates in  
putting God and others first through  
**SELFLESS and SACRIFICIAL SERVICE.**

***“The Lord has told you what is  
good, and this is what He requires of  
you: To do what is right, to love mercy,  
and to walk humbly with your God.”***

Micah 6:8